

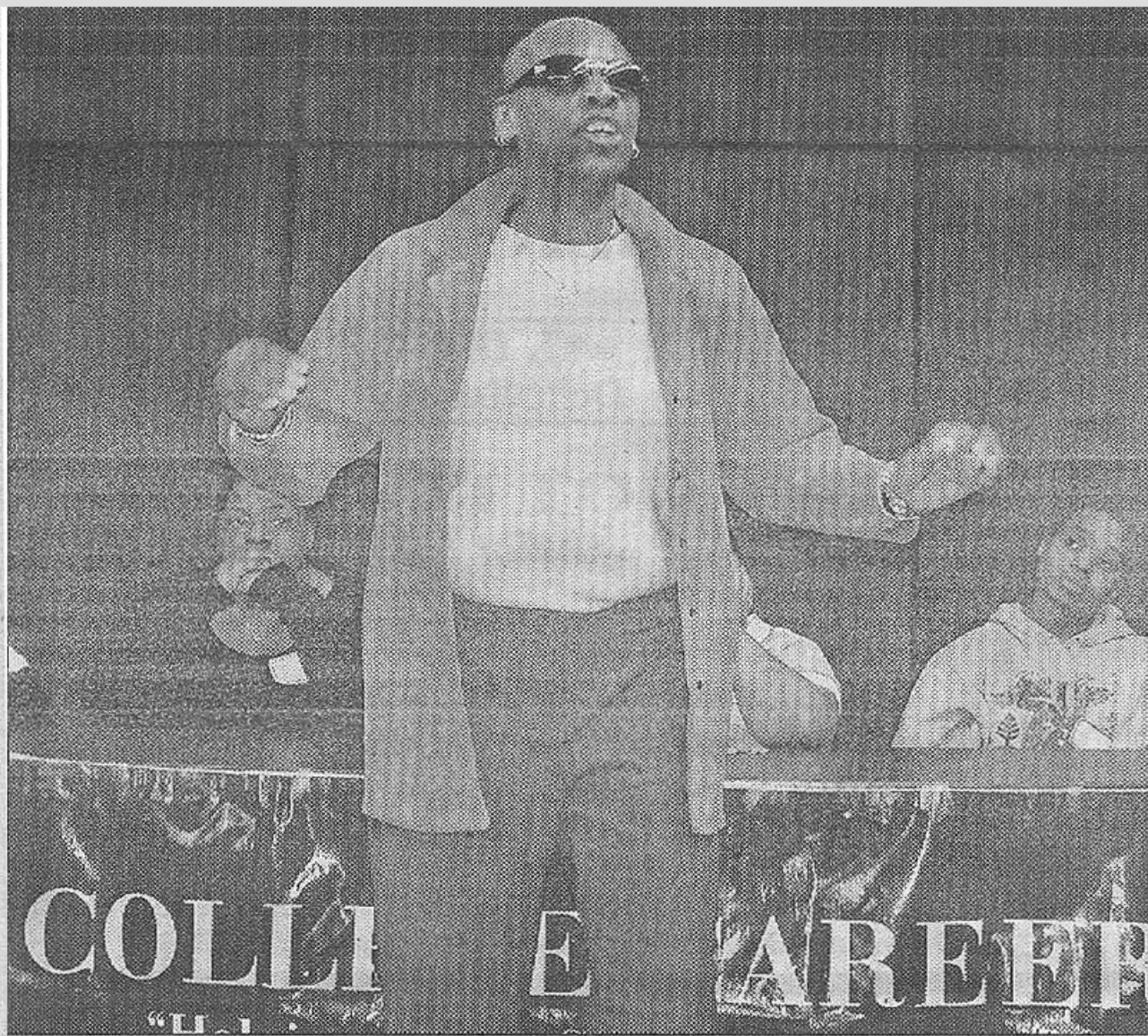
REGION

College prep program aids students' goals

College Careers, a nonprofit organization that helps Westchester's underserved students pursue higher education, recently hosted its 40th annual "Speak Out" in White Plains to educate students about college life. Students shared stories about their accomplishments and struggles, reflecting on how they manage time, study and meet professors' expectations.

Attended by about 35 college students, the event featured a panel of five college students who offered insight on their particular school. The College Careers College Program serves more than 260, primarily African-American and Hispanic high school students each year. It offers one-on-one counseling, college admissions preparation, financial assistance and mentoring programs. College Careers is at 190 E. Post Road in White Plains. For information, call 914-428-3435 or e-mail ccareers@aol.com.

Submitted by College Careers.



Submitted by Co-Communications, Inc.

Gaye Abrams of Mount Kisco, behavior management specialist and member of College Careers' founding class, recalls at the 40th annual "Speak Out" program how the organization empowered her to become a successful business professional.